

Those 55 and better and their caregivers have the opportunity to thrive and lead rewarding lives.

## **Dementia Friends Training**

- Dementia Friends USA is a global movement that is changing the way people think, act, and talk about dementia.
- This training is open to the general public and community.

## Free Training November 8th, 2023

6-7pm Dementia Friends Training

- Pre-registration is required (at least 24 hours in advance of the class) so that we can provide ample space, and develop a certificate of completion for each participant
- There is no cost to attend, but donations will be accepted
- This session will be hosted in Cottage 9 at Cottagewood Senior Communities, 4220 55<sup>th</sup> St. NW, Rochester, MN 55901
- Please call 507-285-5272 to register or email Becca Herbstritt at <u>beccah@elder-network.org</u>
- Complementary beverages and snacks available.







Elder Network services are available to all eligible persons regardless of race, color, gender, religion, disability, or national origin. Elder Network is a registered 501(c)3 nonprofit.