



“Those 55 and better and their caregivers have the opportunity to thrive and lead rewarding lives.”

Non-Medical Respite Companion Group Facilitator Job Description

Position Title: **Non-Medical Respite Companion Group Facilitator**

Nature of the work:

Group Respite serves older adults 55 and better and their caregivers by providing non-medical respite for caregivers and a 2-hour group activity for 3-5 clients in a public space such as a coffee shop, restaurant or park. Group Respite provides a safe space for clients to socialize, make friends and enjoy fun activities while their caregiver gets a break.

Examples of work: (Illustrative only):

- Plans group activity using activities appropriate for the group.
- Facilitate social interaction between 3-5 participants
- Guide clients through adapted leisure activities
- Understand or be willing to learn about Dementia’s
- Redirect and promote conversation and engagement based on client needs
- Support clients’ emotional well-being throughout session
- Manage small sums of money via credit card
- Provide social and emotional support to the client and family
- Keeps current records and journaling of each group session which is turned into the supervisor each pay period.
- Observes and reports any emotional or physical changes in client(s) to supervisor.
- Travels to the program site. Provide transportation to participants, if needed
- Attend Educational Trainings as required by supervisor.
- Performs other duties as assigned.

Knowledge, Abilities and Skills Required:

- Ability to manage group facilitation and group dynamics.
- Ability to establish and maintain cooperative and meaningful relationships with agency staff members, caregivers and clients.
- Ability to apply previously acquired knowledge and skills to new situations
- Ability to use supervision and guidance
- Ability to communicate effectively, both verbally and in writing
- Ability to make independent decisions
- Ability to assess needs in client interactions

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- Ability to remain calm under pressure and problem solve in a timely manner to adapt to unexpected needs or changes with clients.
- Must be able to safely bend, lift at least 15 lbs., reach above head.

Minimum Qualifications of Education and Experience:

- Associates degree or Bachelor's degree preferred in a human services area or
- 2 years experience working with older adults preferred.
- Experience working with persons with dementia preferred.
- Reliable Transportation
- Valid Driver's license

This information has been designed to indicate the general nature of the position and level of work performed by the employee. It is not designed to be interpreted as a comprehensive inventory of all duties, responsibilities and qualifications required of employees assigned to this job. Supervisor has the right to change or expand job description as necessary.

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Olmsted County-1130 1/2 7th Street NW #205 Rochester, MN 55901
Phone: 507-285-5272

Wabasha County- PO Box 52 Lake City, MN 55041
Phone: 651-565-3237

Winona County-402 E 2nd St. Winona, MN 55987
Phone: 507-452-0580