



A Caregiver's Guide to Planning for the Unexpected

Are you prepared if future emergencies and unexpected situations arise for you or your care receiver?

This in-person workshop will help anyone caring for an older friend or a relative, to plan ahead in case of unexpected emergencies or situations that arise for a caregiver or care receiver. **Outcomes** of attending this workshop will help you develop a plan to:

- Create an Emergency Plan
- Plan for a safe and realistic return home after a hospitalization or rehabilitation with guest presenters: Mayo Clinic Social Workers & Home Instead Senior Care and Aveanna Home Health
- Learn about current community and online resources to support you
- Gain peace of mind and understand Legal and Medical forms to support the emergency plan

Class donations are encouraged

*Funded in part by the South Country
Health Alliance*

Thursday, October 22nd

1-3pm

Dodge Center Public Library

13 1st Ave NW

Dodge Center, MN 55927

Registration is required by Oct. 18th

For more information, call

507-285-5272



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